

**Red Rose Road Runners
Championship
Accrington 10K
Race Date - 29 October 2023**

Competitor	Cat	Result	Points
Karl Hodgson	MS	00:36:11	1
David Park	MS	00:39:28	2
Emil Bowe	MS	00:40:55	3
Scott Jackson	M45	00:42:52	4
Simon Major	MS	00:43:08	5
Christopher Bridge	MS	00:43:21	6
Stuart Cann	M55	00:44:15	7
Stephen Woodruffe	M60	00:44:42	8
John Naylor	M40	00:47:39	9
Philip Butler	M60	00:47:41	10
David Tolson	M65	00:49:55	11
Mike Birtles	M50	00:57:11	12
Bernie Mitchell	M60	01:01:38	13
Joydip Majumder	M45	01:04:55	14
Anthony Pope	M65	01:05:34	15

Competitor	Cat	Result	Points
Sophie Pilkington	FS	00:41:00	1
Samantha Edwards	F35	00:48:15	2
Janette Rayton	F45	00:50:42	3
Ann Cleave	F60	00:51:17	4
Sarah Parkinson	FS	00:52:02	5
Alison Parkinson	F55	00:52:21	6
Annabel Rigby	FS	00:54:54	7
Julie Thorley	F55	00:55:40	8
Paula Plowman	F60	00:55:54	9
Janet Tolson	F65	00:56:33	10
Judi Ingham	F50	00:58:20	11
Alison Mercer	F60	00:59:38	12
Christine Rostron	F60	01:06:53	13
Angela Dallinger	F40	01:08:40	14