

**Red Rose Road Runners  
Championship 2023/24  
Preston 10k  
Race Date - 24 September 2023**

Competitor	Cat	Result	Points
Karl Hodgson	MSen	00:36:39	1
Matthew Holmes	MSen	00:37:23	2
Daniel Hughes	MSen	00:38:39	3
Simon Major	MSen	00:43:05	4
Scott Jackson	MV45	00:43:07	5
Stephen Woodruffe	MV60	00:43:37	6
Stuart Cann	MV55	00:43:42	7
Joe Swarbrick	MV65	00:44:09	8
Christopher Bridge	MSen	00:44:14	9
Steven Moon	MV45	00:44:21	10
Andrew Stell	MV50	00:45:21	11
David Moss	MSen	00:46:58	12
Philip Butler	MV60	00:47:51	13
Ben Woodcock	MSen	00:48:04	14
Johnathan Wells	MSen	00:50:07	15
Robert Taylor	MSen	00:50:07	16
Richard Barnes	MV40	00:50:21	17
Emil Bowe	MSen	00:54:01	18
Mike Birtles	MV50	00:57:15	19
Rick Dewhurst	MV45	00:59:12	20
Anthony Pope	MV65	01:02:30	21
Bernie Mitchell	MV60	01:04:21	22

Competitor	Cat	Result	Points
Sophie Pilkington	FSen	00:41:16	1
Samantha Edwards	FV35	00:47:05	2
Georgina Hampson	FSen	00:52:01	3
Jenn McDonough	FV40	00:52:30	4
Annabel Rigby	FSen	00:54:02	5
Alison Parkinson	FV55	00:54:47	6
Sarah Parkinson	FSen	00:55:00	7
Paula Stell	FV50	00:56:35	8
Rebecca Wells	FSen	00:57:21	9
Carol Douglass	FV70	00:58:39	10
Judi Ingham	FV50	00:59:54	11
Jeanette Higham	FV40	01:00:22	12
Gayle Cookson	FV50	01:01:27	13
Tina Carr	FV55	01:06:01	14

Emma Holliday	FV35	01:06:51	15
Louise Withnell	FV50	01:06:56	16
Julia Durney	FV55	01:13:17	17
Alison Dick	FV55	01:17:42	18
Heather Whalley	FV35	01:18:12	19
Ramona Mulligan	FV55	01:37:58	20