

**Red Rose Road Runners  
Championship 2023/24  
Elswick Express 10  
Race Date - 15 July 2023**

Competitor	Cat	Result	Points
Karl Hodgson	Msen	00:59:21	1
Emil Bowe	Msen	01:06:33	2
Dave Park	Msen	01:07:12	3
Scott Jackson	MV45	01:09:08	4
Stephen Woodruffe	MV60	01:11:05	5
Christopher Bridge	Msen	01:12:11	6
John Naylor	MV40	01:12:30	7
Stuart Cann	MV55	01:14:48	8
Gary Corcoran	MV50	01:16:54	9
Philip Butler	MV60	01:19:00	10
Robert Taylor	Msen	01:28:40	11
Anthony Pope	MV65	01:39:03	12

Competitor	Cat	Result	Points
Sam Edwards	FV35	01:13:05	1
Janette Rayton	FV40	01:19:10	2
Ann Cleave	FV60	01:27:31	3
Natalie Croft	FV40	01:29:39	4
Carol Douglas	FV75	01:31:31	5
Alison Parkinson	FV55	01:32:06	6
Paula Plowman	FV60	01:34:52	7
Zoe Cain	FV35	01:35:21	8
Alison Mercer	FV60	01:36:42	9
Christine Rostron	FV60	01:57:51	10