

**Red Rose Road Runners
Championship
Sheriff 10K
Race Date - 30 April 2023**

Competitor	Cat	Result	Points
Simon Croft	MV40	00:34:52	1
David Park	Msen	00:38:40	2
Emil Bowe	Msen	00:40:17	3
Liam Betney	Msen	00:40:43	4
Christopher Bridge	MSen	00:42:23	5
Scott Jackson	MV45	00:42:35	6
Stephen Woodruffe	MV60	00:43:08	7
Manolo Brook	MV50	00:43:39	8
Joe Swarbrick	MV65	00:43:44	9
John Naylor	MV40	00:43:48	10
Liam Hooton	Msen	00:44:08	11
Stuart Cann	MV55	00:44:33	12
Ben Woodcock	Msen	00:45:16	13
Gary Corcoran	MV50	00:45:34	14
Wayne Hope	MV60	00:46:12	15
Philip Butler	MV55	00:47:35	16
Philip Davidson	MV60	00:48:27	17
Steven Bellamy	MV45	00:50:45	18
Steve Murphy	MV50	00:51:09	19
Ray Taylor	MV70	00:53:36	20
Joydip Majumder	MV45	01:05:34	21
Richard Field	MV40	01:08:00	22
Anthony Pope	MV65	01:08:04	23
Allan Howard	MV65	01:11:56	24
John Wiseman	MV50	01:15:04	25

Competitor	Cat	Result	Points
Anneke Crosby	FV55	00:49:01	1
Jenn McDonough	FV35	00:49:01	2
Janette Rayton	FV45	00:49:49	3
Natalie Croft	FV40	00:52:03	4
Annabel Rigby	FSen	00:53:43	5
Alison Parkinson	FV55	00:54:11	6
Ann Cleave	FV60	00:54:14	7
Judi Ingham	FV50	00:55:24	8
Julie Thorley	FV55	00:55:33	9
Esther Stanier	FV35	00:56:12	10
Carol Douglass	FV75	00:56:20	11
Brittany Robinson	FSen	00:57:31	12
Rebecca Wells	FSen	00:57:45	13

Alison Mercer	FV60	00:58:06	14
Caroline Cocker	FV60	01:03:12	15
Louise Withnell	FV50	01:03:42	16
Christine Rostron	FV60	01:05:18	17
Amanda Berry	FV60	01:07:25	18
Michelle Clapham	FV45	01:08:36	19
Kate Clipston	FV50	01:08:36	20
Angela Dallinger	FV40	01:15:03	21